

## NetZero for Young People

### *Unit 3 - Involve Me: NetZero & Me*

**Learning Aim:** To inspire young people to consider how their school community contributes carbon emissions and feel empowered to develop practical methods to reduce this.

#### **Outcomes:**

The learner will be able to:

1. The learner will be able to:
2. Calculate their own carbon footprint and openly discuss their results with others
3. Acknowledge the challenges of reducing their carbon emissions in a school setting
4. Develop an action plan to tackle 1 environmental issue within their school
5. Be able to present and clearly communicate their ideas to their teachers and peers

Time	Agenda Point	Details
5 minutes	Introduction	Discuss how individual actions and lifestyle changes can make a difference
10 minutes	Part 1: Carbon Footprint	<ul style="list-style-type: none"> <li>• Watch the video to understand what a Carbon Footprint is, and ask students to think about which areas of their lives might be contributing most to their footprint</li> <li>• Students to calculate their own carbon footprint through the WWF website</li> <li>• In pairs or groups, students to share what their footprint was and if anything surprised them about the results.</li> </ul>

15 minutes	Part 2: Making a difference	<p>Reflect &amp; Discuss - Read the tweet, ask the students to pick one environmental change they would like to make:</p> <ul style="list-style-type: none"> <li>• Is there one you think you would be able to do?</li> <li>• What are the barriers that might stop us? (financial, social, cultural, time etc)</li> </ul> <p>Students to fill in the Green Line of their Tube Map with examples of some commitments they're going to make moving forward.</p>
25 minutes	Part 3: Sustainable Schools and Communities	<p>Students to identify one sustainability issue they notice in their school/community.</p> <p>With the help of the templates and guiding questions on the website, students to mind map and come up with an Action Plan to solve for the issue they've noticed.</p> <p>Students to add to the Purple Line of their Tube Map.</p>
5 minutes	Part 4: Letter to Self	<p>To end this course, ask students to reflect on everything they've learnt by going through their completed Tube Maps.</p> <p>Ask students to imagine what their life in 2030 can look like if the NetZero goal has been achieved. Ask them to write a letter or draw a picture to their future self in 2030 with the help of the following questions: What will you be doing? What will the world around you look like? What commitment are you making today to help you to get there?</p>